| DATE       | ATHLETE            | SPORT                   | SCH00L                    | AWARD               |
|------------|--------------------|-------------------------|---------------------------|---------------------|
| 02/14/2023 | Connor Reed        | Men's Swimming & Diving | Saint John's University   | Athlete of the Week |
| 02/07/2023 | Connor Reed        | Men's Swimming & Diving | Saint John's University   | Athlete of the Week |
| 02/07/2023 | Kieran Ripken      | Men's Swimming & Diving | Gustavus Adolphus College | Athlete of the Week |
| 01/31/2023 | Jack Grabinski     | Men's Swimming & Diving | Saint John's University   | Athlete of the Week |
| 01/31/2023 | Peyton Richardson  | Men's Swimming & Diving | Gustavus Adolphus College | Athlete of the Week |
| 01/24/2023 | Andrew Jensen      | Men's Swimming & Diving | Gustavus Adolphus College | Athlete of the Week |
| 01/24/2023 | Tim Rizzo          | Men's Swimming & Diving | St. Olaf College          | Athlete of the Week |
| 01/17/2023 | Andrew Jensen      | Men's Swimming & Diving | Gustavus Adolphus College | Athlete of the Week |
| 01/17/2023 | George Hubbard     | Men's Swimming & Diving | Hamline University        | Athlete of the Week |
| 12/06/2022 | Andrew Jensen      | Men's Swimming & Diving | Gustavus Adolphus College | Athlete of the Week |
| 12/06/2022 | Charles Batsaikhan | Men's Swimming & Diving | Macalester College        | Athlete of the Week |
| 11/22/2022 | Eli Grabinski      | Men's Swimming & Diving | Saint John's University   | Athlete of the Week |
| 11/22/2022 | Matt Strom         | Men's Swimming & Diving | Gustavus Adolphus College | Athlete of the Week |
| 11/15/2022 | Andrew Jensen      | Men's Swimming & Diving | Gustavus Adolphus College | Athlete of the Week |
| 11/15/2022 | George Hubbard     | Men's Swimming & Diving | Hamline University        | Athlete of the Week |
| 11/08/2022 | Jack Grabinski     | Men's Swimming & Diving | Saint John's University   | Athlete of the Week |
| 11/08/2022 | Ethan Tun          | Men's Swimming & Diving | Carleton College          | Athlete of the Week |
| 11/01/2022 | Eli Grabinski      | Men's Swimming & Diving | Saint John's University   | Athlete of the Week |
| 11/01/2022 | Carter Larson      | Men's Swimming & Diving | Saint John's University   | Athlete of the Week |
| 10/25/2022 | Kevin Bossou       | Men's Swimming & Diving | Hamline University        | Athlete of the Week |
| 10/25/2022 | Charles Batsaikhan | Men's Swimming & Diving | Macalester College        | Athlete of the Week |
| 10/18/2022 | Brayden Slavik     | Men's Swimming & Diving | Saint John's University   | Athlete of the Week |